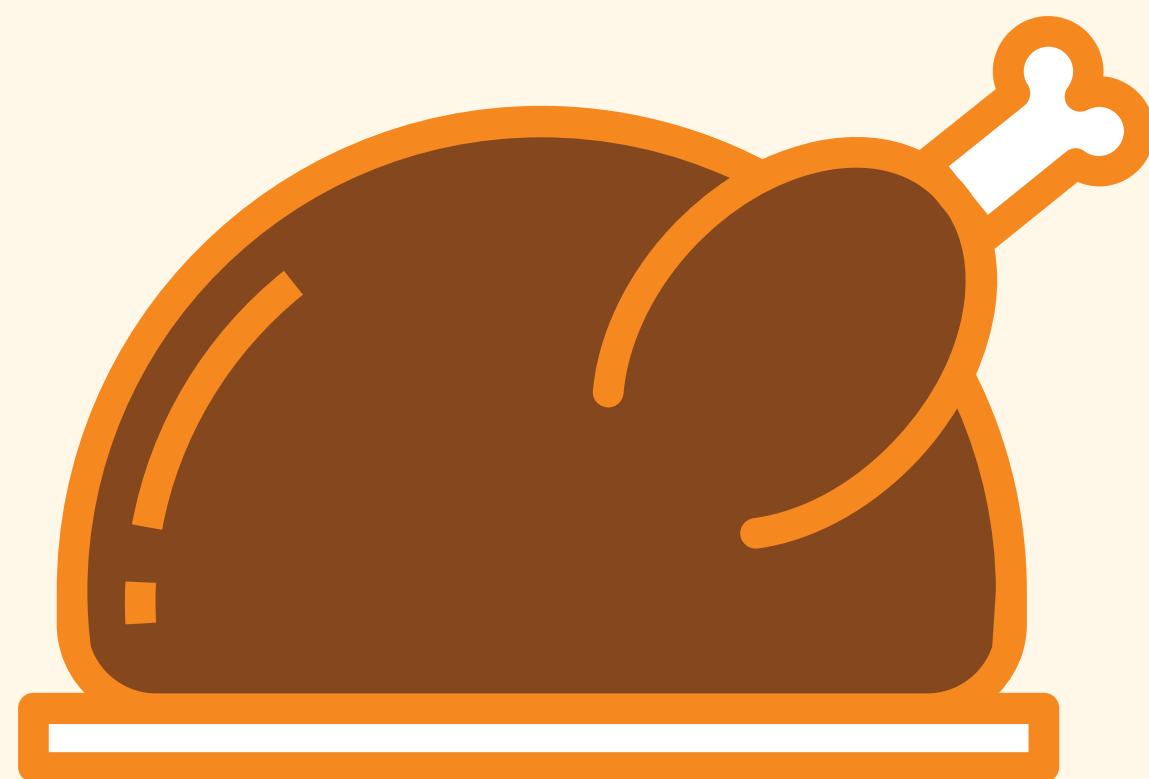




FAMILY SUPPORT SERVICES

KEEPING FAMILIES HEALTHY AND INTACT

THANKSGIVING BUILD A MEAL




MONDAY NOVEMBER 18 - FRIDAY NOVEMBER 22

Family Support Services
303 Hegenberger Road, Suite 400
Oakland, CA 94621

For more info, contact Kelly Cousins:
510.834.2443 ext. 3051 | kcousins@fssba.org





Each year, our fabulous donors bring their bagged dinners to our Oakland office, 303 Hegenberger Road, Suite 400, the week before Thanksgiving. This year, we are asking all donations be delivered to our office no later than Friday, November 22, 2019.

Donations should be split between two bags, labelled "BAG A" and "BAG B". If possible, please include a gift card for at least \$25. This allows the family to purchase perishable items like eggs, milk, and of course, a turkey!

Please include 6-10 of the following items in each bag
(you are welcome to include additional items)

BAG A (sides)

stuffing mix
cranberry sauce
canned vegetables
mashed potato mix
canned soup
canned yams
cornbread mix
pasta
pasta sauce
gravy mix
dinner rolls
olives
pickles
canned beans

BAG B (everything else)

juice
hot chocolate mix
canned fruit
crackers
salad dressing
pie crust
canned pie filling
boxed cake mix
canned frosting
cooking oil
granola bars
nut butter
jam/jelly
marshmallows

If you are planning on participating in the Thanksgiving Build A Meal Program, please contact Kelly Cousins at kcousins@fssba.org

