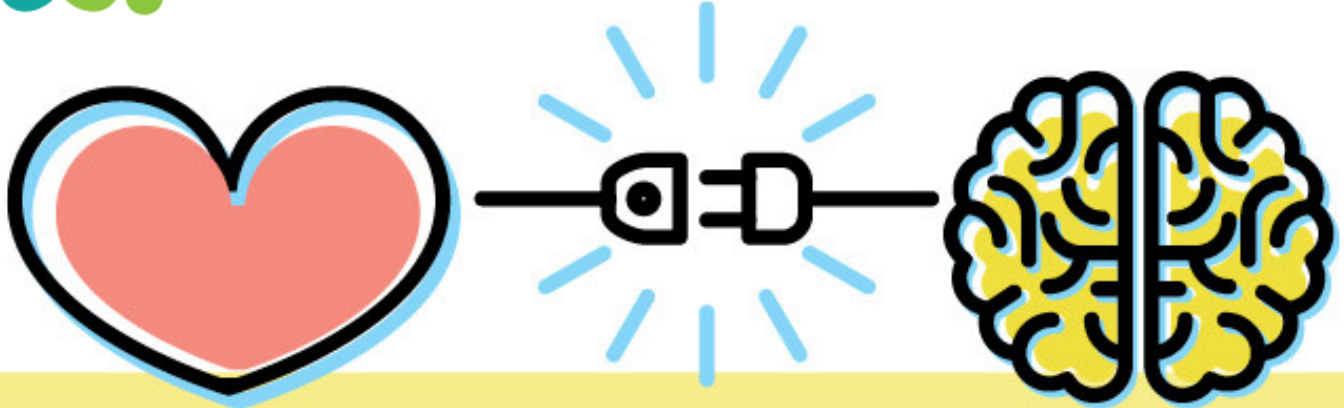




FAMILY SUPPORT SERVICES

KEEPING FAMILIES HEALTHY AND INTACT



Kinship Support Services Program Presents:

Mental Health 101

Learn more about Mental Health Issues and its impact on individuals and families. Explore healthy strategies to manage and cope with life experiences.

Facilitator: Diana Chang, Associate MFT, GUS Therapist

Wednesday, May 8 2019 | 10:30 A.M. - 12:30 P.M.

81 st Ave. Branch Library Study Room 1

1021 81st Ave. Oakland, CA 94621

Refreshments!

Free!

**Child
Care!**

**Call (510) 834 - 2443 x 3073 to let us know if you are
planning to attend!**