



# FAMILY SUPPORT SERVICES

KEEPING FAMILIES HEALTHY AND INTACT

## Contact Information

**Cheryl Smith, Chief Executive Officer**

Email: [csmith@fssba.org](mailto:csmith@fssba.org)

### Family Support Services

Oakland Office

303 Hegenberger Road, Suite 400

Oakland, CA 94621

Phone: 510.834.1548

San Francisco Office

205 13th Street, Suite 3150

San Francisco, CA 94103

Phone: 415.861.4060

Email: [info@fssba.org](mailto:info@fssba.org)

Web: [www.fssba.org](http://www.fssba.org)

## Giving Opportunities

- Thanksgiving Build-A-Meal program  
November 2018
- Holiday Sponsor December, 2018
- Year End Appeal December, 2018
- Spring Appeal May 1 - 10, 2019
- The Back to School Backpack Drive  
July - 2019
- Eat Drink and Be Giving Annual Gala  
October 2019

To donate and learn more about Family Support Services go to our website: [www.fssba.org](http://www.fssba.org)

## Fundraising Events and Volunteer Opportunities

15th Annual Eat Drink and Be Giving Gala  
October 2019.

Corporations: join Family Support Services by becoming an event sponsor. Your generosity will be recognized through our social media, website and collateral materials.

Individuals: You can purchase a tickets or a table for our Gala through our website.

## Mission Statement

The mission of **Family Support Services** is to nurture children, youth and caregivers to keep families healthy and intact.

## Year Established

Family Support Services of the Bay Area (FSSBA) was incorporated October 31, 1989 and in June, 1990 received federal non-profit exemption status. The agency shortened its name to: **Family Support Services** in November 2016.

## Service Area

Alameda, San Francisco, and Contra Costa Counties

**Family Support Services** specializes in working with low-income families who face serious challenges in caring for their children, including: families in which grandparents or other relatives have had to step in to care for children; families with children who have mental and physical disabilities; and caregivers raising children who are substance exposed or medically fragile. We also work with families whose children are at risk of abuse by helping caregivers improve their parenting skills and to raise children in a safe and nurturing environment.

**Family Support Services** provide hands-on, culturally sensitive, individually tailored services to families in their homes and communities, through four program areas: **Respite/Child Care Programs, Kinship Support Services Program (including the Kinship Youth Program), Family Preservation Programs, and the Growing Up Strong program.** We reach clients in some of the most underserved communities: more than 83% of the families we serve are families of color, approximately 62% are headed by a single adult, and more than 60% live in poverty.

**To stabilize and strengthen families, our core program areas are:**



**Respite Care Programs** gives parents/caregivers a break from the daily demands of caring for children who are medically fragile or have developmental disabilities. Last year, we provided over 700 children with over 87,000 hours of respite care.

**The Kinship Support Services Program**, an alternative to traditional foster care, provides support to allow relative caregivers to keep their children in their homes through case management, support groups, parenting workshops for children who have experienced trauma or abandonment, legal assistance, and youth services. Last year, we

served more than 200 families through this program. A significant component of this program is the **Kinship Youth Program**, a year-round comprehensive after-school and summer program for kinship youth, ages 8-18.

**The Family Preservation Program** supports families identified as at-risk by County Child Welfare departments, to improve their parenting skills and family functioning. Last year, we provided intensive home-based services to 132 families. As a result of these interventions, more than 90% showed improvements in family functioning.

Our mental health program, **Growing Up Strong**, provides therapy to children exposed to trauma, maltreatment, or violence.

**Family Support Services** provides highly-trained social workers, mentors, therapists, academic coaches, and respite care providers who deliver these services based on each families' unique situation, helping families create safe, permanent homes for their children and enabling them to live their best lives.

Although much of **Family Support Services'** funding is through local county contracts, we rely on a combination of private foundation grants and individual donations to fully support our robust work.

